

SCOTCH PLAINS-FANWOOD HIGH SCHOOL

**8TH Grade Parents' Night
General Session**



≈ *Welcome* ≈

Dr. David Heisey, Principal

❖ Introduction

Mr. Ryan Miller, *Assistant Principal of Athletics and Extracurriculars*

❖ Athletics

Dr. Tim Donahue, *Assistant Principal for College and Career Readiness*

❖ Academics & Counseling Services

Ms. Brooke Esposito, *Assistant Principal of Innovative Programs*

❖ Social Justice Academy

Mr. Wayne Mallette, *Supervisor of Music/Fine Arts & Physical Education*

❖ Elective Areas

≈*Structure of Program*≈

- + This marks the start of the general session.
- + In the General Session, you will receive an overview of the high school programs.
- + **Some** of the **elective areas** will be covered in the current General Session.
- + After the General Session, you will have the opportunity to hear from the Core Content Areas: Language Arts, Social Studies, Mathematics, Science, and World Language.
- + The Core Content Areas also offer electives and the supervisors will share this information with you.

STRUCTURE OF PROGRAM

- + Green Cover- Remain in Auditorium
- + Blue Cover -- Move to the MPR
- + Salmon Cover- Move to the Cafeteria

Program Schedules

8TH GRADE PARENT ORIENTATION

TUESDAY, JANUARY 10, 2023

PROGRAM SCHEDULE

START-END TIMES	LOCATION	DEPARTMENT/DISCIPLINE
7:00-7:45	AUDITORIUM	GENERAL INFORMATION COUNSELING SERVICES ATHLETICS FINE ARTS
CORE CONTENT PRESENTATIONS (1)		
7:50-8:00	AUDITORIUM	ENGLISH/SOCIAL STUDIES
8:05-8:15	CAFETERIA	MATH/SCIENCE
8:20-8:30	MULTI-PURPOSE ROOM (MPR)	WORLD LANGUAGE
QUESTION & ANSWER SESSION BY DISCIPLINE/DEPARTMENT		
8:30-8:45	AUDITORIUM CAFETERIA	ENGLISH - DR. MCKENNA SOCIAL STUDIES - MRS. BAXTER MATH - MS. KAELI SCIENCE - MRS. FARIA
	MPR 171 MUSIC ROOM	WORLD LANGUAGE - MRS. HOWARD SPECIAL EDUCATION - MRS. TOMESKO HEALTH/PE - MRS. IARUSSI
	CHORAL ROOM	FINE ARTS/MUSIC - MR. MALLETTE

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Athletics



Ryan D. Miller
Assistant Principal-Athletics

Fall Sports Offered

- Boys/Girls Cross Country
- Field Hockey
- Football*
- Gymnastics
- Girls' Volleyball*
- Girls' Tennis
- Soccer*
- Cheerleading



**Freshman Level Offered*

Winter Sports Offered

- Boys'/Girls' Basketball*
- Ice Hockey#
- Bowling
- Wrestling
- Boys'/Girls' Indoor Track
- Boys'/Girls' Swimming
- Cheerleading

**Freshman Level Offered*



Spring Sports Offered

- Baseball*
- Softball
- Boys'/Girls' Track
- Boys' Tennis
- Boys' Lacrosse *
- Girls' Lacrosse*
- Boys' Volleyball*
- Golf

**Freshman Level Offered*



Freshman Teams

- + Football, Boys'/Girls' Soccer, Boys'/Girls' Volleyball, Boys'/Girls' Basketball, Baseball, and Boys'/Girls' Lacrosse
- + Freshmen are eligible for Varsity, Junior Varsity, or Freshman teams
 - + Parent/child involved in discussion
 - + Academics and social well being are considered

Education Based Athletics

- + High School sports exist to provide students with the opportunity to grow, learn, achieve, and fail in a low risk environment.
 - + Expand the horizons of each student
 - + Promote fitness
 - + Build better citizens through participation
 - + Equip students to handle adversity
 - + Develop grace under stress

Education Based Athletics

3 Goals

- + Student athletes had an enjoyable experience
 - + Learned something about competing/winning/losing
 - + Learned more about the sport they are in
-
- + We win through sports, if we develop athletically successful individuals and teams.
 - + We need to participate and play in a variety of sports to create a well-rounded experience.

Please Consider . . .

- + As your child develops in high school – be mindful of the pressures placed on them; academically, athletically, and socially.
- + Understand that they have a relationship with their coach.
- + Students tend to exaggerate praise and criticism.

Winning

- + Players should strive to win -
 - + 60-65% Athletic Ability
 - + 20-25% Coaching
 - + 10-20% lack of injuries, weather, scheduling, luck.
- + Winning is not limited to the result of the contest and should be based on the improvement of the student and team.

Getting Started in Freshman Athletics

Signing up for a fall sport begins early

Sports Physicals are to be done on a NJ State Athletic Form

These are to be handed in usually by mid – end of July to our nurses office. There is a drop box outside of Door #1 on Westfield Road. Please put physicals in a sealed envelope with attention nurses office on the front. The physicals can also be mailed in but we are not responsible for the U.S. Post office – please keep copies.

At this time we are not able to upload any of the physical forms

All paperwork can be found on our spfk12.org site under the Athletics tab, we also give copies of the blank physical forms to the middle schools which can be picked up in their nurses office before the end of their 8th grade year

There is also an online registration which is mandatory. This portion is due at the same time as the physicals. On this site you are giving your athlete permission to participate, and filling out online forms – nothing from this site needs to be printed out and turned in. This is all electronic. Again these can be found on spfk12.org under the athletics tab finding sports forms and registration tab on the left hand side.

Tryouts will begin sometime close to the second week of August. There are no make up tryouts so please plan family vacations accordingly. There will also be conditioning and practices that will occur over the summer should your athlete make the team. Those practices will be mandatory as well. So please plan vacations accordingly!

In Closing

- + When working through athletics – ask your child...
 - + What are your goals?
 - + Do you enjoy the sport?
 - + Are you learning something?

97% of students have high school as their last team sport activity.

How can you help them to make it a lasting positive memory?

Freshman Programs



Ms. Brooke Kaska-Esposito
Assistant Principal of
Innovative Programming

PADI program

Performance Assessment Design Initiative

Cross-Curricular
English/History experience

Citizenship Focus

Community Experiences

Speaker Panels

Work Ethic/Self Confidence

Collaborative Group Environment



Social Justice Teaching Academy

Enable students to earn college credit

Provide teacher-training to students interested in the fields of education

Create a pathway for students to return to SPF as educators and educational leaders

Empower students interested in becoming advocates for social justice

Inspire more students of color to enter the teaching profession

Provide opportunities for students to be mentors to younger students.



Social Justice Teaching Academy

Parents and students interested in participating in focus groups to aid in the design of the Social Justice Teaching Academy should email Ms. Esposito.

bkaska-esposito@spfk12.org



Graduation Requirements and Scheduling



Dr. Timothy Donahue
Assistant Principal for
College and Career Readiness

Course Requirements for Graduation

- + Four credit years of English
- + Three credit years of Mathematics
- + Three credit years of social studies:
 - + US I
 - + US II
 - + Global Perspectives
- + Three credit years of natural or physical science
- + Two credit years of the same world language
- + One credit year of PE for each year of enrollment
- + One credit year in visual/performing art and one credit year in practical arts (21st Century Skills)
- + One half credit year of Financial Literacy

Testing Graduation Requirements



- + Successful completion of a minimum of 120 credits
- + NJ Graduation Proficiency Assessment (NJ-GPA) - 11th grade

Levels of Instruction

All required full year courses have varying levels of instruction

- Accelerated
- Academic

Most elective courses will be academic level.



Timeline for selection of electives

- + The Program of Studies will be posted online and sent home electronically in January 2023.
- + Selection of electives for the 2023-2024 school year will be made online through PowerSchool and with your Middle School Counselor
- + Middle School Counselors will record and post a presentation for parents and students regarding the online selection process.
- + Course recommendations for the five academic courses will be posted in PowerSchool in late May 2023.

ELECTIVE COURSES

- + Business Education
- + Industrial Technology Education
- + Music/Visual Arts
- + The majority of the courses are 2.5 credits meaning they are a semester in length.
- + The supervisors will discuss the various electives found in their disciplines.

Business Education

Courses available to Freshmen

- + Consumer Finance
- + Introduction to Business Management

Elements of Management

Virtual Business Simulations

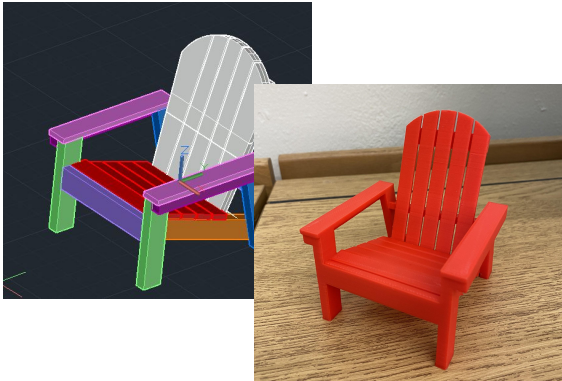
- + Business Technology
 - Multimedia Presentations
 - Information Technology
 - Spreadsheets

FINANCIAL LITERACY

- + All students are required to meet the Financial Literacy Requirement:
 - + Consumer Finance
 - + Economics (Social Studies Course)
 - + AP Economics (available in grades 11-12)

- + What is AP (Advanced Placement)?

Industrial and Technology Education



+ Drafting and Design

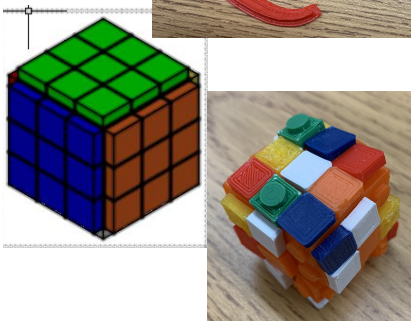
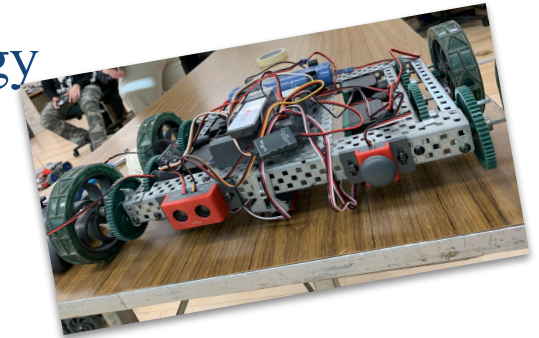
+ Architectural Design

+ Engineering Technology

+ Robotics

+ Woodworking I

+ Woodworking II



MUSIC/VISUAL ARTS

- + Drawing I
- + Global Art Immersion
- + Digital Design
- + 3D Design
- + Concert Choir/ Band-9 (2.5 Credits)
- + Concert Band/Choir-9 (2.5 Credits)
- + Chorus 9 (5 Credits)
- + Concert Band 9 (5 Credits)



NATIONAL HONOR SOCIETY

- + Criteria is available in the Program of Studies.
- + Academic Performance— 3.75 GPA
- + 100 Hours of Community Service
- + Leadership and Character
- + Eligible Juniors and Seniors
- + Eligible Sophomores- Notified in Spring

ACADEMIC SCHEDULE

Scotch Plains-Fanwood High School Bell Schedule

Full Day

TIME		BLOCK			LENGTH (MIN)
Start	End		A-DAY	B-DAY	
8:08	9:25	1	1A	1B	77
9:30	10:49	2	2A	2B	79
10:54	11:40	LUNCH	LUNCH	LUNCH	46
11:45	1:02	3	3A	3B	77
1:07	2:24	4	4A	4B	77

Shared-Time Students

AM Vo-tech Students arrive @ 10:15 AM (Attend Lunch & Blocks 3 & 4).

CONTENT AREA SUPERVISORS

- + The Content Area Supervisors will now present important information related to their academic discipline.
 - + English
 - + Social Studies
 - + Mathematics
 - + Science
 - + World Language